



# Integrating Homeopathy Enriching Healthcare

## Prospectus 2019 - 2020

Thank you for your interest in our education programme for **2019 - 2020**.

We are delighted to announce the start dates for our forthcoming **Foundation Courses: Newcastle-upon-Tyne** - 21 September, 2019 and **London** - 15 November 2019, **Dundee Intermediate** training begins - 27 September, 2019.

These courses form part of the national **Modular Course in Medical Homeopathy for Health Care Professionals**. Our **On-line Foundation Course** will also start this autumn, which will provide a structured but flexible home-learning programme.

Our modular courses have been running for 25 years and comprise three levels: Foundation, Intermediate and Pre-membership. **Registration** is open to qualified health care professionals including Doctors, Dentists, Nurses, Midwives, Pharmacists, Podiatrists and others. Course participants are provided with comprehensive support materials and have access to optional study groups and additional on-line resources.

There are six teaching days in the **Foundation Course**. These prepare participants for the Primary Health Care Certificate Examination (**PHCE**), leading to LFHom qualification.

The **Intermediate and Pre-membership courses** follow the same format. Applicants require to have passed the PHCE prior to entry on these courses. Our modular course structure means that post-Foundation units do not have to be taken in the order that they are scheduled. Participants can shuffle the courses within each level to suit their availability. Those studying homeopathy through other Faculty accredited schools are welcome to augment their training by signing up to modules of particular interest/relevance to their work.

To support those currently at intermediate and pre-membership stages in their studies, we run weekly **Skype Evening Case Study Groups (Clinical Case Club)** from September 17<sup>th</sup>, 2019. This will allow discussion of paper/video case studies viewable online. Participants can practice their repertorisation in their own time and bring their treatment suggestions to the weekly online group discussion sessions. We will track at least one chronic case from week to week and discuss contributed cases and some practical prescribing for acute and subacute clinical scenarios.

Some observer clinic places are available, on application, to Dr Russell Malcolm - Education Lead (RLHIM) email: russell.malcolm1@nhs.net



Our **overseas programme** continues in Tokyo with '*Resonances IV*' - **Methodologies for Multimorbidity** on Oct 12-14, 2019. This seminar is suitable for practitioners of Intermediate - Advanced levels of homeopathic experience. Registration is open to qualified medical homeopaths and details can be obtained by contacting us at [rlhh.education@gmail.com](mailto:rlhh.education@gmail.com)

The world-renowned **Long Course in Medical Homeopathy** is scheduled to restart in September 2020. Details of the programme will be announced in April 2020. This will take the form of on-line learning, in combination with a programme of webinars and tutorials. Some participants may also be eligible for clinical training attachments.

The main objective of the Long Course is to provide an intensive training pathway to MFHom qualification. Please check your eligibility carefully at the time of application. Certificates of Completion are also provided to all students who complete all the course assignments to the required standard.

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## 1. Aims

The educational aims are:

- to attain expertise at either specialist or non-specialist levels in medical homeopathy.
- to become proficient to a high standard of safety & effectiveness in homeopathic medicine <sup>1</sup> (membership level courses and above).
- to improve patient care through the increasingly close integration of homeopathy and medicine.
- to attain expertise that is comparable in scope and depth to other specialist medical disciplines.
- to honour boundaries of competence appropriate to both the student's clinical speciality and their level of training. <sup>2</sup>

Homeopathy is a heuristic discipline and requires clinical experience that is appropriate to each stage of the learning process. Participants are given advice on how to apply the skills they are taught within their own clinical settings. Homeopathic prescribing should be undertaken by the practitioner throughout their training. As training proceeds homeopathic methodology is validated and refined by means of: a) direct clinical experience, b) formalised clinical audit, c) clinical case presentation and d) peer group discussion.

note 1. The homeopathic medical training provided via RLHH-education.com advocates the teaching of therapeutics with bona fide research, outcome studies, or case studies (live, recorded and documented), as far as possible.

note 2. Boundaries of competence are outlined in the Faculty's Core Curriculum

## 2. Overview of the Learning Objectives for Medical Homeopathy

Each trained homeopathic practitioner must be able to display:

### KNOWLEDGE

- Complete familiarity with all the **basic precepts** which define homeopathy
- Familiarity with a range of **conceptual models** for health and disease
- A sound working knowledge of a **defined range of homeopathic medicines**
- Knowledge and experience of treatment **outcomes** and their clinical implications

### APPLIED KNOWLEDGE

- **Diagnostic facility** (clinical history, examination, investigation, diagnosis, prognosis)
- Facility in the use of **reference materials** and decision-support tools. <sup>4</sup>
- A **generalist knowledge-base** in respect of modern conventional medicine paired with **specialist methodological skills** applied to non-compartmentalised, holistic, medicine.

### PRACTICAL PROFICIENCY

- Advanced **communication skills**
- Astute **observation** which extends examination technique to include perception of :
  - physiological reactions
  - sociological and psychological dynamics
  - typological and idiomatic features
- **Perceptive and flexible** application of the **extended medical history**. <sup>5</sup>
- Accurate recording, collation, organisation, interpretation and transmission of information
- Adaptable treatment methodologies orientated to the **individual needs** of the patient.

### ETHOS

- **Flexible and non-prejudicial approach** to both facilitatory and compensatory methods of treatment.
- Openness to critical **self-audit and reflective practice** as part of an ongoing learning process. <sup>3</sup>
- Qualities of **attitude** (an ethos of commitment, caring, professionalism, & integrity)

### 3. Critical evaluation and reflective practice

The training provided at RLHH-education.com promotes the critical evaluation of clinical outcomes:

- to prevent misconceptions in the self-learning process
- to ensure the veracity of the methodology and data that is fed back into training others
- to encourage probative research and clinical audit
- to ensure that subsequent treatment is appropriate and effective

The critical evaluation of homeopathic treatment requires that the trained homeopathic physician has some understanding of:

- the placebo response
- reaction patterns following homeopathic treatment
- therapeutic outcomes and a knowledge of existing outcome scales used in clinical audit
- specialist research methodologies used in complementary / alternative medicine

### 4. Applied knowledge

The selection of a successful homeopathic medicine usually requires the careful matching of a multiplicity of clinical signs and symptoms with an analogous remedy profile.

This process often involves the analysis of selected patient information using a symptom index (repertory) and a catalogue of remedy data (materia medica).

The trained homeopathic physician should have a detailed knowledge of these prescribing tools and should demonstrate practical skill in the use of these texts or computerised data-sets.

<b>Repertory</b>	<b>Materia medica</b>
have intimate knowledge of the layout	understand the relative strengths / weaknesses of different references
demonstrate speed and accuracy of use	have critical awareness of the source(s) of the remedy data
show creativity in cross referencing	understand the various rationale for remedy relationships
be aware of idiosyncrasies of language	be familiar with the textual and layout conventions

### 5. The extended medical history (homeopathic history taking)

The extended history requires practitioner skill in communication, observation, individualisation, record keeping, analysis and interpretation. Regardless of the initial teaching methods employed, these skills can only be mastered through practice.

The provision of supervised practice training places is in short supply. The Faculty of Homeopathy holds a register of Clinical Supervisors and has implemented a programme of training for experienced medical homeopaths who have elected to provide supervision and post-membership mentoring. Regional study groups exist as a forum for peer-group support and the exchange of information and experience.

## 6. Learning objectives for Level 3 Training

Please refer to the Faculty's Guidelines for Candidates (MFHom)

<http://facultyofhomeopathy.org/training-in-homeopathy/exams/>

Our On-Line Course, Pre-membership course and Long Course provide support for the attainment of the following skills and areas of understanding:

- advanced case-taking techniques and appropriate case recording.
- expertise in the effective use of repertory and materia medica.
- proficiency in case analysis including
  - symptom selection
  - symptom weighting
  - identifying suitable rubrics
  - cross referencing
  - repertorisation methodologies
- knowledge of all the prescribing strategies in routine clinical use.
- a supportable rationale for every prescription on the basis of the above
- appropriate timing and selection of second (and subsequent) prescriptions
- appropriate case management including:
  - potency selection, dosage, formulation and prescribing
  - appropriate intervals for case review and other practical aspects of practice
  - interpretation of remedy reaction patterns and their implication for case management
- ongoing awareness of appropriate boundaries of clinical expertise
- suitable background reading and knowledge of current activities in the field.
- a working knowledge of homeopathic therapeutics for common problems, eg.
  - atopic illness
  - recurrent infections
  - allergies
  - rheumatological conditions
  - behavioural and psychological problems
  - fatigue states
  - irritable bowel syndrome
  - chronic inflammatory or degenerative conditions
- knowledge of research methodologies applicable to homeopathic medicine

